



## STARTERS

### **Baked Herb Crusted Goats Cheese**

With Beetroot Salad,  
Balsamic Dressing **€9.95**  
(M,MU)

### **Duck Spring Rolls**

Crisp Duck Spring Rolls, House Salad and Sweet Chilli Dip **€10.95**  
(G,SS,SD,MU)

### **Vegetable Spring Rolls**

Crisp Vegetable Spring Rolls  
Served with House Salad and Sweet Chilli Dip **€9.50**  
(G,SS,SD,MU)

### **Garlic Bread with Cheese**

Oven Baked Garlic Bread Topped with Cheese, served with a  
Mixed Salad **€7.50**  
(G,M,E,MU)

### **Torc Spicy Chicken Wings**

Served in our Homemade Hot Sauce  
with Garlic Mayonnaise **€9.95**  
(E,M,U,G)

### **Lemon & Garlic Chicken Caesar**

Sautéed Chicken and Parmesan  
Herb Croutons, Bacon Lardons and  
Caesar dressing **€10.95**  
(G,M,E,MU)

### **Traditional Oven Baked Fish Cakes**

Smoked Haddock and Fresh Salmon  
Tossed Salad, Chilli and Garlic Sauce **€10.95**  
(M,U,E,C,G)

### **Torc Seafood Chowder**

Fresh Local Seafood in a Vegetable Chowder  
Served with Brown Soda Bread or Garlic Bread **€10.95**  
(F,M,G,E)





## LITE BITES

### **Chicken Ciabatta And Herb Stuffing on Toasted Ciabatta**

Served with Cranberry Jam and Fries **€10.95**  
(M,MU,G,E)

### **Baked Torc Style Cheesy Tuna Melt**

Open Ciabatta Bread Topped with Tuna Mayo,  
Cheese and Fries **€10.95**  
(F,G)

### **Torc Toasted Special**

Baked Ham, Red Onion, Tomato and Mature Cheddar  
Served in Fresh White Bread with Fries **€9.95**  
(G,M,MU)

### **Triple Decker BLT**

Crisp Bacon, Beef Tomato and Lettuce with Garlic Mayonnaise  
Served in Fresh White Bread with Fries **€10.95**  
(G,M,MU,E)

### **Cajun Chicken Wrap**

Sautéed Cajun Chicken Strips, Crispy Bacon, Baby Gem Lettuce,  
Caesar Dressing  
Served with Fries **€10.95**  
(G,M,MU)

### **Veggie Wrap**

Soft Brie Cheese with Tomatoes, Basil Pesto, Red Onion,  
Sweetcorn and Fries. **€9.95**  
(GM,MU)





## MAIN COURSE

### Vegetable Stir-fry

Stir Fry Vegetables in a Sweet Chilli Sauce  
Served with Steamed Saffron Rice  
and Prawn Crackers **€14.95**  
(SS, C,SD,C,MUS)

### Homemade Vegetable Lasagne

with Garlic Bread and Fries **€14.95**  
(G,E,M,CL)

### Spinach & Ricotta Tortellini

In a Homemade Tomato and Basil Sauce, Fresh Parmesan  
Shavings and Garlic Ciabatta Bread **€16.50**  
(G,M,E,SD)

### Torc House Omelette

3 Egg Omelette with Ham, Cheese, Tomato, Red Onion  
Served with Fries and House Salad **€14.95**  
(E,MU,M)

### Traditional Beer Battered Fish & Chips

Served with Mushy Peas, Fresh Lemon, Tartar Sauce  
and Fries **€17.95**  
(G,SD,MU,E,M,MU)

### Baked Fillet of Hake and King Prawn

, Served with Roast Red Pepper Cream Sauce  
& Creamed Potato **€23.95**  
(F,C,M,E)





## MAIN COURSE

### King Prawn Stir Fry

Stir Fry Prawns & Vegetables in a Creamy Sweet Chilli Sauce  
with Noodles and Prawn Crackers. **€19.95**  
(G,C,E,SD,CL,MU,SS)

### Chicken Stir-Fry

Stir Fry Chicken & Vegetables in a Sweet Chilli Sauce  
Served with Steamed Rice  
and Prawn Crackers **€17.95**  
(SS,C,SD,C,MUS)

### Chicken Three Ways

BBQ Chicken Wings, Breaded Chicken Goujons,  
Cajun Chicken Breast  
Served with Fries and Side Salad **€16.95**  
(SD,G,M,U,M,E)

### Roast Chicken & Ham

Roasted Breast of Chicken on the Bone  
Served with Baked Ham, Cranberry & Herb Bread Stuffing  
Vegetables, Potato and Traditional Gravy **€15.95**  
(G,M,SD,E)

### House Style Chicken Korma

Served with Steamed Rice  
and Freshly Grilled Poppadom's **€17.95**  
(G,M,CL)





## MAIN COURSE

### **Pan-fried 8oz Sirloin Steak**

With Sautéed Mushrooms, Onions, Onion Rings,  
Pepper Sauce, Fries & Side Salad **€26.95**  
(M,SD,G)

### **6oz Steak Sandwich**

Pan-fried on Ciabatta Bread with Sautéed  
Mushrooms, Onions and Pepper Sauce  
Served with Fries and Side Salad **€17.95**  
(G,E,M,MU,SD)

### **Torc Beef Burger**

With Mature Cheddar, Tomato, Red Onion,  
Lettuce, Tomato Relish  
Served with Fries and Onion Rings **€15.95**  
(G,E,M)

### **BBQ Baby Back Pork Ribs**

Served with Smokey BBQ Sauce and Fries **€19.95**  
(SD,,G,MU)





## DESSERTS

**Warm Apple & Blackberry Crumble** (M,E,G)  
Served with Dairy Cream & Vanilla Custard

**Selection of Dairy Ice Creams** (M,E,G)  
Served with Caramel Sauce

**Cheesecake of the Day** (M,E,G)

**Torc Style Baked Alaska** (M,E,G)  
Layered Chocolate Sponge in a Tropical Liquor  
With Vanilla & Strawberry Ice Cream  
Topped with Italian Meringue  
Served with Seasonal Fruit Jelly

**Mixed Berry Pavlova Stack** (M,E,G)  
Served with Dairy Ice Cream & Sweet Balsamic Syrup

**Dark Chocolate Brownie** (M,E,G)  
Served with Warm Chocolate Sauce, Vanilla Ice Cream  
& Mini Marshmallows

**ALL DESSERTS €6.95**

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**Tea or Coffee €3.95**

**Cappuccino €4.50**

**Espresso €3.95**

**Café Latte €4.50**

**Herbal Tea €3.95**

**Irish Coffee €7.95**

**French Coffee €8.50**

**Baileys Coffee €8.50**

**Flavoured Cappuccino/Latte**

**Chocolate, Caramel, Toasted Marshmallow, Hazelnut,  
Vanilla  
Single Shot €4.95/Double Shot €5.95**





# TORC BISTRO MENU

**Served Daily**

**Monday - Thursday 12pm -8pm**

**Friday - Sunday 12pm - 9pm**

**Freshly Cooked to Order**

Dear guest, we pride ourselves on our food which is freshly cooked to order.

Please allow for appropriate cooking time.

If you are pushed for time, simply ask your server to advise on the quickest options available.

**Bon Appetite**  
***Enjoy Your Meal***

Under EU Regulations No 1169/2011 on Food Information for Consumer (FIC), we are now obliged to list all Allergens in our food.

Here is a list of the 13 most common allergens.

Gluten (G)  
Crustaceans/Crab/Prawns (C)  
Fish (F)  
Eggs (E)  
Peanuts (P)  
Soya Beans (SB)  
Milk (M)  
Nuts (N)  
Celery (CL)  
Mustard (MU)  
Sesame Seeds (SS)  
Sulphur Dioxide (SD)  
Lupin (L) Contains similar properties to Peanuts.  
Molluscs/Muscles/Scallops (MUS)

If you have any doubts about any of these allergens, please ask our floor staff for further information or any other allergen issues

**Gratuities and Service Charges**  
**not included**





## **3 Course Dinner Menu**

**€35.00**

**Available Daily**

**from 4pm**

**Please ask**

**your server**







### **Non-Alcoholic Beers, Cider & Wines**

Long Neck Heineken 0.0% €4.50

Cronin's Cider 0.0% €4.50

#### **Gluten Free Beer**

Peroni 330mls €5.50

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#### **Pierre Zero Wine Range**

##### **Pierre 0.0% Blanc (White)**

Golden yellow, fruit flavour balanced by its freshness

Glass €5.00/ Bottle €17.95

##### **Pierre 0.0% Rouge (Red)**

Intense ruby colour with red fruits on the nose.

Bringing freshness, balance and youth

Glass €5.00 / Bottle €17.95

##### **Pierre 0.0% Sparkling**

Pale yellow with shine and glint, aromas of tropical

fruit, peaches and floral undertones

bottle €28

Please ask your server

